



Listening Fitness  
with the LiFT

## List of Listening Fitness Instructors in Canada

### Alberta

#### **Paddy Carson**

13603-129 Avenue, Edmonton, Alberta, T5L 5C8, Canada

Tel: (780) 489-6225

E-mail: [dyslexiagifted@yahoo.ca](mailto:dyslexiagifted@yahoo.ca)

**Specialty:** Davis Dyslexia Correction Program facilitator, Reading, Math, ADHD

**Ages Served:** All ages

**LiFT® Course participant:** March 2009

#### **Susan Sereda**

9131-70th Ave, NW, Edmonton, Alberta, T6E 0T6, Canada

Tel: (780) 434-1729

E-mail: [siouxzen@shaw.ca](mailto:siouxzen@shaw.ca)

**Specialty:** Voice Teacher, Singer

**Ages Served:** Children and Adults

**LiFT® Course participant:** May 2003

### British Columbia

#### **Sharon Hoffinger (certified)**

11384 75 A Ave, Delta, BC, V4C 1H7 Canada

Tel: (604) 599-5480

E-mail: [mel\\_sharon@dccnet.com](mailto:mel_sharon@dccnet.com)

**Specialty:** Music Therapist specializing in developmental delays and learning difficulties in children;  
Voice and performance skill enhancement for adults

**Ages Served:** Young Children to Adults

**LiFT® Course participant:** March 2003

#### **Craig Douglas Shaw (certified)**

Certified Neuro-Developmental Delay Therapist (NDT) Licentiate of The Institute for Neuro-Physiological Psychology (LINPP) [www.inpp.org.uk](http://www.inpp.org.uk)

Springboard Cognitive Training

1171 May Street, Victoria, BC, V8V 2S7 Canada

Tel: (250) 888-5453

E-mail: [sandc22@shaw.ca](mailto:sandc22@shaw.ca)

**Specialty:** Neuro-cognitive training for those wanting to improve learning potential and overall well-being, specializing in learning disabilities. Bachelor of Education, Interactive Metronome and PACE/MTC licensed provider.

**Ages Served:** 7 + to adult

**LiFT® Course participant:** June 2006

**Marie O'Callaghan B.Ed. (certified)**

7845 Miller Cres.

Prince George, B.C. V2N 5N1 Canada

Tel: (250) 964-2141

E-mail: [marieo1@telus.net](mailto:marieo1@telus.net)

**Specialty:** Tutoring children with varied learning abilities

**Ages Served:** Children 6 years and older.

**LiFT® Course participant:** June 2006

**Diane F. Fuller D.Hom ( U.K. ) (certified)**

9093 Haldi Lake Rd., Prince George, B.C., V2N 6J9 Canada

Tel/Fax: (250) 964-2019

E-mail: [drfuller@telus.net](mailto:drfuller@telus.net)

**Specialty:** Homeopath with special interest in learning disabilities and behavior difficulties

**Ages Served:** children + adults

**LiFT® Course participant:** June 2006

## Manitoba

**Kate Bromley (certified)**

Winnipeg, MB, Canada

Tel: (204) 478-1393

E-mail: [listening@mts.net](mailto:listening@mts.net)

**Specialty:** Music Therapy, Psychology, Listening Training and TESOL (Teaching English to Speakers of Other Languages); offering listening training for Professional Development, Skill Enhancement, Well Being and Personal Growth. Serving youth and adults engaged in Creative and Performing Arts, ESL, Professional Development, Career/Life Transitions; Spirituality and Well Being

**Ages Served:** Adults and youth (16+)

**LiFT® Course participant:** October 2001

**Marlaine Willborn (certified)**

576 Beresford Ave. Winnipeg, MB, R3L 1J6, Canada

Tel: (204) 478-4448

E-mail: [mwillbor@mts.net](mailto:mwillbor@mts.net)

**Specialty:** Speech and Language Pathology

**Ages Served:** Pre-schoolers and elementary school children  
**LiFT® Course participant:** November 2000

## Newfoundland and Labrador

**Kimberly Nicole Hearn**  
1413 Topsail Rd. Paradise, Newfoundland, A1L 1H6, Canada  
Tel: (709) 782-9283  
E-mail: [newwavemusic@nf.aibn.com](mailto:newwavemusic@nf.aibn.com)

**Specialty:** Music Teacher; Specializing in voice, piano and special education (ADHD, Dyslexia)  
**Ages Served:** 4 - Adult  
**LiFT® Course participant:** October 2007

## Ontario

**The Listening Centre (Certified LiFT® Providers and Training Facility)**  
599 Markham Street, Toronto, ON, M6G 2L7 Canada  
Tel: (416) 588-4136  
Fax: (416) 588-4459  
E-mail: [listen@idirect.com](mailto:listen@idirect.com)  
Web: [www.listeningcentre.com](http://www.listeningcentre.com)

**Aurora Montessori Schools**  
330 Industrial Parkway North, Aurora, ON, L4G 4C3 Canada  
Tel: (905) 841-0065 #306  
Fax: (905) 841-2022

**Specialty:** Montessori education  
**Ages Served:** Pre-school and elementary age children  
**LiFT® Course participant:** March 2002

**Ciara J. Adams**  
155 Havelock St., Toronto, Ontario, M6H 3B7  
Tel: (416) 827-5117  
Fax: (866) 784-0771  
E-mail: [ciaraadams@hotmail.com](mailto:ciaraadams@hotmail.com)  
Web: <http://www.myspace.com/ciaraadams>

**Specialty:** voice and acting coach  
**Ages Served:** 7 - adult  
**LiFT® Course participant:** June 2007

**Loraine Pare, B.A., B.Ed. (certified)**  
Learning Solutions of Muskoka  
205-10 Coveside Dr.  
Huntsville, ON, P1H 1C3, Canada

Tel: (705) 787-1513  
E-mail: [lorpar@sympatico.ca](mailto:lorpar@sympatico.ca)

**Specialty:** Private Teaching Consultant for learning challenges including dyslexia and AD(H)D. IRLEN screener

**Ages Served:** Children to Adults  
**LiFT® Course participant:** October 2004

**Renia Tyminski (certified)**  
PO Box 6030, Picton, ON, K0K 2T0, Canada  
Tel: (613) 476-0472  
E-mail: [info@speakeenglish.ca](mailto:info@speakeenglish.ca)  
Web: [www.speakeenglish.ca](http://www.speakeenglish.ca)

**Specialty:** ESL, Holistic Wellness  
**LiFT® Course participant:** March 2003

**Tall Pines School**  
8525 Torbram Rd., Brampton, Ontario, L6T 5K4 Canada  
Tel: (905) 458-6770  
E-mail: [info@tallpinesschool.com](mailto:info@tallpinesschool.com)  
Web: <http://www.tallpinesschool.com>

**Specialty:** Tall Pines School offers private Montessori and Progressive education programs.  
**Ages Served** 18 mos - 13  
**LiFT® Course participant:** June 2008

**Venta Preparatory School (certified)**  
2013 Old Carp Rd., Ottawa, Ontario, K0A 1L0 Canada  
Tel: (613) 839-2175  
E-mail: [info@ventapreparatoryschool.com](mailto:info@ventapreparatoryschool.com)  
Web: [www.ventapreparatoryschool.com](http://www.ventapreparatoryschool.com)

**Specialty:** School offers day and boarding school facilities and programs with small group classrooms. Programs emphasize holistic approach to education with equal emphasis on academic curriculum, social environment and development of self-discipline and work ethic.

**Ages Served:** Gr. 1-10  
**LiFT® Course participant:** March 2003

## Quebec

**Sophie Garceau (Past Teacher and Supervising Consultant for the Listening Fitness Instructors' Course from 1999 to 2004)**

Tel.: (514) 509-0504  
E-mail: [garceausophie@gmail.com](mailto:garceausophie@gmail.com)  
Web: [www.pedagodesign.com](http://www.pedagodesign.com)

**Specialty:** Special Education Consultant  
**Ages Served:** young children to adults

**Devika Eifert** (certified)  
5160 MacDonald Avenue #809, Cote St. Luc, QC, H3X 2V8 Canada  
Tel: (514) 487-7379  
E-mail: [devikae@sympatico.ca](mailto:devikae@sympatico.ca)

**Specialty:** Psychotherapy, Counseling, Yoga and Meditation  
**Ages Served:** Adults  
**LiFT® Course participant:** January 1998

**Mychelle Tremblay**  
100 boul. Perrot #B, Il Perrot, QC, J7V 3G1, Canada  
Tel: (514) 994-8556 / (514) 902-0592  
E-mail: [mychelletremblay@hotmail.com](mailto:mychelletremblay@hotmail.com)

**Specialty:** Music therapist AMT, Padovan therapist  
**Ages Served:** specializing in children and teenagers  
**LiFT® Course participant:** July 2008